Coverage for: Individual/Family| Plan Type: Catastrophic Major Medical

Coverage Period: 01/01/2025– 12/31/2025

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The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 844-552-7805. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 800-626-8101 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network <u>providers</u> under Basic <u>Plan</u> : \$2,000/individual or \$4,000/family Out-of-network <u>providers</u> under Basic <u>Plan</u> : \$5,000/individual Does not apply to the Critical Illness Benefit.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>Plan</u> begins to pay. If you have other family members on the <u>Plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , Critical Illness, Convalescent/Custodial Care, Nursing Home, Assisted Living Facilities and <u>Home Health</u> <u>Care</u> benefits are covered before you meet your <u>deductible</u> .	This <u>Plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>Plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network <u>providers</u> under Basic <u>Plan</u> : \$2,000/individual, \$4,000/family; Out-of- network <u>providers</u> under Basic <u>Plan</u> : No limit	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services involving essential health benefits. If you have other family members in this <u>Plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover, non-essential health benefits including private duty nursing, custodial care in a skilled nursing facility, and care in a convalescent home, custodial care facility, nursing home, or assisted living facility, expenses for services from out-of-network providers under your Basic Plan, and care for which you fail to obtain preauthorization required under your Basic Plan.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Will you pay less if you use a <u>network provider</u> ?	Yes. See the website for your Basic <u>Plan</u> or call your Basic Plan for a list of its in-network <u>providers</u> .	You will pay less if you use a <u>provider</u> who is in-network under your Basic <u>Plan</u> . You will pay the most if you use an out-of-network <u>provider</u> under your Basic <u>Plan</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your Basic <u>Plan</u> pays ( <u>balance billing</u> ). Be aware your network <u>provider</u> might use an out-of-network <u>provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes	If a referral is required by your Basic <u>Plan</u> , this <u>Plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	Acupuncture and chiropractic services limited to 30 visits each per calendar year. This Plan will pay Covered Charges, less whatever payments were
If you visit a health care provider's office or clinic	Specialist visit	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any <u>coinsurance</u> requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers in-network <u>providers</u> under your Basic <u>Plan</u> to be in-network under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Preventive care/screening/ immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	Age and frequency limitations apply. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
				coinsurance requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers innetwork providers under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u>
	Diagnostic test (x-ray, blood work)	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
If you have a test	Imaging (CT/PET scans, MRIs)	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers innetwork <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
If you need drugs to treat your illness or condition	Generic drugs	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
More information about prescription drug coverage is available	More information about prescription drug  Amounts over Covered Charges  Amounts over Covered amounts over Covered if you are not enrolled if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over Covered if you are not enrolled to the coinsurance plus amounts over the covered if you are not enrolled to the coinsurance plus amounts over the covered if you are not enrolled to the coinsu	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic Plan at the time the claim is incurred. This Plan considers in-		
from the administrator, HealthSmart Benefit Solutions, at 844-552-	Non-preferred brand drugs	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	network <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
7805	Specialty drugs	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Facility fee (e.g., ambulatory surgery center)	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
If you have outpatient surgery	Physician/surgeon fees	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers innetwork <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Emergency room care	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
If you need immediate	Emergency medical transportation	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers in-
medical attention	<u>Urgent care</u>	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	network <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered	Only the cost of a semi-private room is covered unless a private room is determined (by the Administrator or its designee) to be Medically

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		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
			Charges	Necessary. This Plan will pay Covered Charges, less whatever payments were made by the Basic Plan(s), up to any applicable maximums and subject to any coinsurance requirements. No benefits are payable if you are not enrolled in a Basic Plan at the time the claim is incurred. This Plan considers in-network providers under your Basic Plan to be in-network under this Plan. *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the plan document for a definition of Covered Charges and more information on how benefits are calculated under this Plan.
	Physician/surgeon fees	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any <u>coinsurance</u> requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers innetwork <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
If you need mental health, behavioral	you need mental ealth, behavioral ealth, or substance buse services  Outpatient services  Check the services of the services o	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
health, or substance abuse services		Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic Plan at the time the claim is incurred. This Plan considers innetwork providers under your Basic Plan to be innecessarily as a page 5 of 11

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
				network under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Office visits	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any
If you are pregnant	Childbirth/delivery professional services	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	coinsurance requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers in-
	Childbirth/delivery facility services	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	network <u>providers</u> under your Basic <u>Plan</u> to be innetwork under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
If you need help recovering or have other special health needs	Home health care	Amounts over Covered Charges	70% <u>coinsurance</u> plus amounts over Covered Charges	Benefits begin following 60 hours of paid <a href="https://hours.per.nc.">health care</a> per calendar year; maximum 25 hours per week; limited to 6,000 hours per lifetime while covered under this <a href="Plan">Plan</a> . This <a href="Plan">Plan</a> will pay Covered Charges, less whatever payments were made by the Basic <a href="Plan(s)">Plan(s)</a> , up to any applicable maximums and subject to any <a href="coinsurance">coinsurance</a> requirements. No benefits are payable if you are not enrolled in a Basic <a href="Plan">Plan</a> at the time the claim is incurred. Refer to the Plan Document for the definition of Home Health Care Agencies that are considered In-Network under the Plan. *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <a href="Plan">Plan</a> Document for a

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

		What You	u Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
				definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Rehabilitation services	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	Physical therapy, speech therapy, and occupational therapy in the outpatient department of a facility or in a provider's office up to combined 30 visits per
	Habilitation services	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	calendar year. This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any <u>coinsurance</u> requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers in-network <u>providers</u> under your Basic <u>Plan</u> to be in-network under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this Plan.
	Skilled nursing care	Amounts over Covered Charges	For active and progressive treatment, 30% coinsurance plus amounts over Covered Charges.	Coverage for active and progressive treatment in a skilled nursing facility or subacute care facility up to 100 days while covered under this Plan. Private Duty Nursing (up to \$15 per hour (\$360/day) and maximum of \$35,000 while covered under this Plan). This Plan will pay Covered Charges, less whatever payments were made by the Basic Plan(s), up to any applicable maximums and subject to any coinsurance requirements. No benefits are payable if you are not enrolled in a Basic Plan at the time the claim is incurred. This Plan considers in-network providers under your Basic Plan to be in-network under this Plan. *See the Benefits, Exclusions and Limitations and

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
				Coordination of Benefits sections of the <u>plan</u> document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
	Durable medical equipment	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	Covers artificial limbs, crutches, wheelchairs and other medical equipment, appliances and supplies as medically necessary. This Plan will pay Covered Charges, less whatever payments were made by the Basic Plan(s), up to any applicable maximums and subject to any coinsurance requirements. No benefits are payable if you are not enrolled in a Basic Plan at the time the claim is incurred. This Plan considers in-network providers under your Basic Plan to be in-network under this Plan. *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the plan document for a definition of Covered Charges and more information on how benefits are calculated under this Plan.
	Hospice services	Amounts over Covered Charges	30% <u>coinsurance</u> plus amounts over Covered Charges	Limited to 210 consecutive days of confinement per lifetime while covered under this <u>Plan</u> and 5 visits per lifetime while covered under this <u>Plan</u> for bereavement counseling to the family of the terminally ill participant. This <u>Plan</u> will pay Covered Charges, less whatever payments were made by the Basic <u>Plan(s)</u> , up to any applicable maximums and subject to any <u>coinsurance</u> requirements. No benefits are payable if you are not enrolled in a Basic <u>Plan</u> at the time the claim is incurred. This <u>Plan</u> considers in-network <u>providers</u> under your Basic <u>Plan</u> to be in-network under this <u>Plan</u> . *See the Benefits, Exclusions and Limitations and Coordination of Benefits sections of the <u>plan</u>

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

			ı Will Pay	
Common Medical Event	Services You May Need	Network Provider under Basic <u>Plan</u> (You will pay the least)	Out-of-Network Provider under Basic <u>Plan</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
				document for a definition of Covered Charges and more information on how benefits are calculated under this <u>Plan</u> .
If abild was de	Children's eye exam	Not covered	Not covered	You pay 100% of these expenses, even in-network.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	You pay 100% of these expenses, even in-network.
delital of cyc bale	Children's dental check-up	Not covered	Not covered	You pay 100% of these expenses, even in-network.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery (covered if result of nonoccupational related injury or sickness or congenital disease or anomaly of a child resulting in functional defect)
- Dental Care (Adult and Child)
- Hearing Aids
- Non-emergency care when traveling outside the U.S.
- Routine Eye care (Adult & Child) (eye care, treatment or surgery covered if medically necessary and result of non-job related injury)
- Routine foot care
- Weight loss programs (except as required by the federal Affordable Care Act)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (if <u>medically necessary</u>; limited to 30 visits per calendar year)
- Bariatric surgery (if medically necessary)
- Chiropractic care (if <u>medically necessary</u>; limited to 30 visits per calendar year)
- Infertility Services (for diagnosis and treatment of medical conditions that result in infertility; expenses related to services that induce pregnancy are not covered)
- Long-Term care (covered charges for care in convalescent home/custodial care facility up to \$72/day to maximum \$80,000 while covered under this Plan; benefits begin on 20th day of confinement)
- Private duty nursing (Up to \$15/hour (\$360 per day); maximum of \$35,000 while covered under this <u>Plan</u>).

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://example.com/Health-Insurance">Health Insurance</a> <a href="https://example.com/Marketplace">Marketplace</a>. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>, visit <a href="https://example.com/www.Health-Care.gov">www.Health-Care.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, appeal, or a grievance for any reason to your <u>plan</u>. For more information about your rights, this notice, or

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

assistance, contact: the Administrator at 844-552-7805. You may also contact Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform.">www.dol.gov/ebsa/healthreform.</a> Additionally, a consumer assistance program can help you file your <a href="mappeal">appeal</a>. Contact the Department of Financial Services, One State Street, New York, NY 10004-1511; (800) 342-3736; <a href="http://www.dfs.ny.gov/consumers">http://www.dfs.ny.gov/consumers</a>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? No

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 844-552-7805.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-552-7805.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 844-552-7805.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-552-7805.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> document <u>or</u> contact NYSUT Member Benefits CMM Insurance Trust at 800-626-8101.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist cost sharing	\$(
■ Hospital (facility) cost sharing	\$(
Other cost sharing	\$(

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700 (\$240 remaining after Basic Plan pays)
In this example.	

# In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$240	
Copayments	\$	
Coinsurance	\$	
What isn't covered		
Limits or exclusions	\$	
The total Peg would pay is	\$240	

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
Specialist cost sharing	\$0
Hospital (facility) cost sharing	\$0
Other cost sharing	\$0

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600 (\$2,190 remaining after Basic Plan pays)
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# In this example, Joe would pay:

Cost Sharing	
\$2,000	
\$	
\$	
What isn't covered	
\$	
\$2,000	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist cost sharing	\$0
<ul><li>Hospital (facility) cost sharing</li></ul>	\$0
Other cost sharing	\$0

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$2,800 (\$1,250 remaining after Basic Plan pays)

# In this example, Mia would pay:

Cost Sharing	
\$1,250	
\$	
\$	
What isn't covered	
\$	
\$1,250	